

ARE YOU READY FOR Sandy Cove MIDDLE SCHOOL CAMP 2026

REGISTRATION COMPLETED

- PVC Fellowship One Registration Completed

PACK LIGHT, SPACE IS TIGHT!

CAMP PACKING LIST

- Limit one suitcase, one small carry bag
- Mark ALL bags and items with camper's name

Required/Necessary Items

- Bible, notebook/journal, pen
- Prescription medications – see additional information below
- Bedding (pillow, sleeping bag or twin sheets/blanket)
- Clothes you can be active in and don't mind getting dirty – See Dress Code Highlights Below
- Bathing suit—See Dress Code Highlights Below
- Pajamas
- Closed toe athletic shoes
- Water Bottle
- Bath Towel and Washcloth/swim towel
- Toiletries
- Flashlight

Highly Recommended Items

- Shower shoes
- Watch
- Sunscreen/Bug Spray
- Laundry bag/plastic bag for wet and/or dirty clothes

Optional Items

- Sunglasses
- Raincoat
- Skateboards, Rollerblades, Helmets, Fishing Gear
- Disposable cameras if they wish to take pictures
- Money for optional purchases: Snacks & camp souvenirs

Dress Code Highlights

- Wear comfortable, modest clothing that you can be active in and that can get dirty
- Bathing suits: one piece or modest tankini for girls or a two-piece with a shirt over it; swimming trunks for boys, no speedos.
- Students should have clothes that work with a full body harness (clothes that won't ride up!)
- No clothing with questionable or inappropriate sayings, slogans, etc.
- No clothing that promotes alcohol, cigarettes, drugs or any other inappropriate items

DO NOT BRING

- Cell phone
- Anything you have to hide
- Items that cannot be easily replaced
- Weapons, pocketknives, etc.
- Electronics or drones
- Alcohol, tobacco, Juuls, vapes, illegal substances

MORE TO KNOW BEFORE YOU GO!

FOOD ALLERGIES

If your student has a severe food allergy that would require separate food or meals than what is offered at Watermarks Camp, please email CAMPS@parkvalleychurch.com.

MEDICATIONS

- **ANY MEDICATION** sent with your student to camp **MUST BE CHECKED-IN at the nurse station** on the day we leave for camp.
- You need a copy of the PVC Medication form completed prior to check-in. Medications must be in their original container inside a clearly marked Ziplock bag. Put the copy of the form in the Ziplock bag.
- If your student uses a pill organizer, include a written description and dosage of each medication.
- All medications will be stored in a locked container and administered by our camp nurse or leadership staff.

COMMUNICATIONS

Cell service at Watermarks camp is limited; in case of an emergency

call: ***Sandy Cove Phone Line*** **410.287.5433**

PVC Staff Contact Numbers:

Kevven Kijak, PVC Student Ministries Pastor **703-994-7420**

Will Lanman, PVC Middle School Pastor **605-695-0460**

- Please keep in mind that camp internet service is extremely limited. We will text our arrival and return trip departure via our texting service.

ACCOMMODATIONS

- Students will be staying in cabins at Sandy Cove, 60 Sandy Cove Road, NorthEast, MD 21901.
- Cabins are air conditioned and gender specific.

ROOMMATE REQUESTS

- We try to accommodate all roommate requests; however, last minute adjustments may be necessary.
- Final cabin and leader assignments will be provided at check-in.

ALL SET, READY TO GO!

CHECK-IN/DEPARTURE

- Check-in is at Park Valley Church on Monday, August 10th **starting at 7:30 AM & ending at 8:00 AM.**
- We will be leaving promptly at 8:30AM.
- Bring two copies of the PVC medication form and medications in a labeled Ziplock bag to check-in.

LAUNDRY TIME!

RETURN TRIP HOME

- Tentative arrival time back at Park Valley Church is on Friday, August 14th at noon.
- **IMPORTANT:** Please claim your student's **left-over medication** when you come to pick up your student after camp. Unclaimed medication and lost/found items will be disposed on **August 31st**. No exceptions.

2026 MIDDLE SCHOOL CAMP SCHEDULE (subject to change)

Monday

7:30 AM	Check-in at main lobby at Park Valley Church
8:30 AM	Depart Park Valley Church
11:30 AM	Arrive, Welcome, Cabins
12:00 PM	Lunch
1:30 PM	Welcome To Camp/Orientation/Move Into Cabins
2:30 PM	Swim Test and Lake Time
6:00 PM	Dinner
7:00 PM	Worship and Session
8:00 PM	Snack Shack Open (one food and one drink item per person)
8:30 PM	Night Activity
9:30 PM	Shower/Free time
10:00 PM	In Cabins for group devotions
10:30 PM	Lights Out

Tuesday-Thursday

8:00 AM	Leader Meeting
8:30 AM	Breakfast/Devo
9:30 AM	Morning Session
10:30 AM	Activity Groups/Free Rec
12:00 PM	Lunch
1:00 PM	Activity Groups/Free Rec
2:30 PM	End of activity groups
3:00 PM	Swim Time
5:00 PM	Swim Time ends
5:30 PM	Dinner
6:30 PM	Worship and Session
8:00 PM	Snack Shack Open (one food and one drink item per person)
8:30 PM	Night Activity
9:30 PM	Shower/Free time
10:00 PM	In Cabins for group devotions
10:30 PM	Lights Out

Friday

7:00 AM	Clean Cabins
8:00 AM	Breakfast
8:30 AM	Cabin Inspections
9:00 AM	Departure

ADDITIONAL QUESTIONS

Email camps@parkvalleychurch.com